

Veterinary Professional Support

- Veterinary Social Work & Human-Animal Interaction Specialist Directory: bit.ly/vswhaidirectory
- Individual & Group Options for Animal Professionals with Valerie: <https://calendly.com/valeriebogie>
- Not One More Vet: nomv.org
- Veterinary Hope Foundation: veterinaryhope.org
- 988 Suicide & Crisis Lifeline: 988lifeline.org
- **Euthanasia for Behavior Specific Resources:**
 - Losing Lulu- FB group (vet & pet professionals can join!) and resources on the website: <https://www.losinglulu.com/>
 - Cone of Shame Podcast with Drs. Andy Roark & Lisa Radosta about BE: <https://drandyroark.com/behavioral-euthanasia-hdytt/>

Pet Owner Support

- 1:1 and Group Emotional Support for Pet Owners with Valerie: <https://www.insightfulanimals.com/human-support-services>
- Veterinary Social Work & Human-Animal Interaction Specialist Directory: bit.ly/vswhaidirectory
- 988 Suicide & Crisis Lifeline: 988lifeline.org
- Pet Caregiver Burden: <https://www.insightfulanimals.com/pet-caregiver-burden>
 - Includes ZBI for Pet Owners & research papers
- [Canine Caregiver Burden Assessment Tool \(CCBAT\)](#)
 - [Full research paper](#)
- Love, Baxter Pet End of Life & Grief Support: <https://lovebaxter.com/>
- **Euthanasia for Behavior Specific Resources:**
 - OSU Behavioral Quality of Life Scale, articles & guidebook for owners of pets with behavioral challenges: <https://vmc.vet.osu.edu/services/honoring-the-bond#euthanasia>
 - My BE virtual support group through Insight: [https://app.acuityscheduling.com/schedule/b09e4bb8/?categories\[\]=Focused%20Support%20Group](https://app.acuityscheduling.com/schedule/b09e4bb8/?categories[]=Focused%20Support%20Group)
 - BE virtual support group through Lap of Love: <https://petlosssupportgroupschedule.as.me/schedule/d5ca99cf/appointment/40174787/calendar/5364542?categories%5B%5D=Support+Group&template=monthly&hsCtaAttrib=209663129911>
 - Losing Lulu- FB group and resources on the website: <https://www.losinglulu.com/>
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Emotional CPR

- Website: <https://emotional-cpr.org/>
- 1 hour RACE approved Intro to eCPR webinar:
<https://nationalempowermentcenter.teachable.com/p/emotional-cpr-connection-empowerment-revitalization-to-support-others>
- 12 hour Emotional CPR Training for Animal Professionals led by Valerie and another amazing Trainer
 - August 28- 29, 2026, 10:00am- 5:00pm EST
 - <https://vetmed-ut.pdx.catalog.canvaslms.com/courses/emotional-cpr>

There are additional resources on my Link Tree (<https://linktr.ee/valeriebogievsw>). My email address is valeriebogievsw@gmail.com